levonoble 10 Tablet

Levocetirizine (10 mg) Tablet

Description:

Levocetirizine is an antihistamine used to relieve allergy symptoms such as runny nose, sneezing, itchy or watery eyes, and itching of the throat or skin rash caused by hay fever (seasonal allergic rhinitis), perennial allergic rhinitis, or other allergies. It is a second-generation antihistamine, meaning it is less likely to cause drowsiness compared to first-generation antihistamines. Levocetirizine works by blocking the effects of histamine, a substance produced by the body during allergic reactions, which helps reduce symptoms such as swelling, itching, and sneezing.

Composition:

Each tablet contains:

Levocetirizine: 10 mg

Indications:

Levocetirizine 10 mg tablets are indicated for:

- Allergic Rhinitis:
 - Seasonal allergic rhinitis (hay fever) to relieve symptoms such as sneezing, runny nose, and itchy or watery eyes.
 - Perennial allergic rhinitis, including year-round allergies to dust, pet dander, or other allergens.
- Chronic Urticaria (Hives): To relieve the symptoms of chronic hives (itchy skin rash), including redness, swelling, and itching.
- Other Allergic Conditions: Symptomatic relief of itching, rash, or other skin conditions related to allergies.

Dosage and Administration:

Adults and Children Over 6 Years:

- The usual dose is 1 tablet (10 mg) once daily, taken with or without food.
- Children 2 to 6 years of age: The recommended dose is 5 mg (half a tablet) once daily, depending on the doctor's recommendation.
- Elderly (over 65 years): No dose adjustment is usually needed unless renal impairment is present. In case of renal problems, dosage may need to be adjusted.
- Renal Impairment: Dose adjustment is recommended for patients with severe renal impairment (creatinine clearance less than 10 mL/min).

Contraindications:

Levocetirizine 10 mg tablets are contraindicated in:

- Hypersensitivity to Levocetirizine, cetirizine, or any other components of the tablet.
- Severe renal impairment: In patients with creatinine clearance less than 10 mL/min, a lower dose or alternative treatment may be required.
- Pregnancy and breastfeeding: Levocetirizine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. It is excreted in breast milk, so it should be used with caution while breastfeeding.

Warnings and Precautions:

 Drowsiness: Although Levocetirizine is less likely to cause drowsiness than firstgeneration antihistamines, some individuals may still experience sedation, especially at higher doses. It is advised to monitor the effects before engaging in activities that require full mental alertness, such as driving or operating machinery.

- Renal Impairment: In patients with moderate to severe renal impairment, the dose should be adjusted, as the drug is primarily excreted via the kidneys.
- Pregnancy and Breastfeeding: Levocetirizine should be used during pregnancy only if absolutely necessary and after consultation with a healthcare provider. It should be avoided during breastfeeding unless prescribed by a doctor.
- Children under 2 years: The safety and efficacy of Levocetirizine in children younger than 2 years have not been established.
- Alcohol Use: Alcohol may enhance the sedative effect of Levocetirizine. It is advisable to limit alcohol intake during treatment.

Side Effects:

- Common:
 - o Headache
 - Drowsiness (though less common)
 - o Dry mouth
 - o Fatigue
 - Sore throat
- Less common:
 - Nausea
 - Dizziness
 - Abdominal pain
 - o Diarrhea
 - Skin rash
- Serious:
 - Severe allergic reactions: Symptoms like difficulty breathing, swelling of the lips, face, or throat, and hives (anaphylaxis).
 - Liver or kidney problems: Symptoms such as yellowing of the skin or eyes, dark urine, or swelling in the legs.
 - Heart issues: Unusual heartbeat, chest pain, or severe dizziness.

Storage:

- Store at room temperature (between 15°C to 30°C), in a dry place away from direct sunlight.
- Keep the tablets in their original packaging and out of the reach of children.

• Do not use the medication after the expiration date printed on the packaging.

Note:

Levocetirizine 10 mg tablets are a prescription-only medication. It is important to take the medication exactly as prescribed by a healthcare provider.

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.)

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